

HEALTHY 'N FRESH

Pele Island Winery Edition 2026

Healthy 'n Fresh

Chicken Parm Sandwich

Crispy chicken, tomato sauce, mozzarella, pesto, and hand-cut fries. \$16.00

Chicken Caesar Wrap

Caesar salad, bacon, crispy chicken, and hand-cut fries. \$16.00

Goat Cheese Chicken

Spinach, goat cheese, fried chicken, roasted red pepper, and nitro sauce. \$18.00

Buffalo Butter Chicken Taco

Buffalo butter toasted chicken bits, coleslaw, honey, sesame seeds, and scallion. \$17.50

I Love Kingsville

Beef Pattie, caramelized onion, bacon, cheese, nitro sauce, and hand-cut fries. \$17.00

Signature Wet Burger (Turkish Style)

Signature sauce dipped wet buns, beef Pattie, mozzarella, fresh tomato, pickle, onion, and hand cut fries. \$19.50

Triple Reuben Sandwich

Corned beef, sauerkraut, thousand island sauce, swiss cheese, onion, and pickles on marble rye bread; comes with fries. \$23.00

For Sharing

Million Dollar Fries

Slow cooked pulled short rib, bacon bits, signature smoked coffee aioli, and scallion, sesame seed. \$24.00

Arancini

8pcs Arancini balls with tomato sauce, Parmesan, and parsley. \$14.50

Tomato Bruschetta

Locally grown tomatoes, fresh garlic, red onion, Parmesan, parsley, and balsamic. \$12.00

Fig 'N Brie

Fig jam and melted brie cheese on crostini with pomegranate molasses. \$12.00

Gnocchi Poutine

Crispy gnocchi, beef sauce, cheese curds, parsley. \$14.50



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Butternut Squash Soup

Pumpkin, carrot, and butternut squash soup with sour cream and cinnamon. \$9.50

Cobb Salad - 40 g Protein

Bacon bits, chicken, egg, corn, tomatoes, cucumber, carrots, blue cheese, and onion, served with a house dressing. \$22.00

Turkish Power Bowl - 45 g Protein

Fattoush salad with quinoa, grilled chicken shish kebab, fresh lemon and pomegranate molasses. \$24.00

Ave Caesar

Classic Caesar salad, chicken, croutons, lemon, and bacon bits. \$18.00

Fit with Everyone

Garlic-sautéed chickpeas and vegetables.
Your choice of protein:

-Beef shish kebab with red wine demi-glaze. \$22.00

-Chicken shish kebab with lemon herbs. \$21.00

-Salmon with sesame teriyaki sauce. \$24.00

Pasta

Chicken Fettuccine Alfredo

Chicken cream sauce, pesto, mushroom, and Parmesan. \$19.00

Chicken Parm Penne

Chicken, tomato sauce, pesto, breaded chicken, and Parmesan. \$19.00

Penne alla Vodka

Blush sauce, fresh spinach, and Parmesan. \$16.00

Fettuccine Carbonara

Bacon bits, egg, Parmesan, and parsley. \$17.00

Gnocchi Beef Ragù

Gnocchi, tomato sauce with pulled short rib, Parmesan, and parsley. \$24.00

